

ELITE MEDICAL STAFFING, INC
1110 DOUGLAS AVENUE, SUITE 1018
ALTAMONTE SPRINGS, FL 32714

RN POST ANESTHESIA CARE UNIT SKILLS CHECKLIST

EMPLOYEE NAME: _____	1 = NO EXPERIENCE	2 = LIMITED EXPERIENCE	3=MODERATE 12 + MONTHS	4=HIGHLY EXPERIENCED PROFICIENT
DATE OF HIRE: _____				
POSITION: _____				
CATEGORY	LEVEL OF EXPERIENCE			
AIRWAY MANAGEMENT:				
Perform a respiratory assessment				
Identify airway adjuncts, adequacy of O ₂ Delivery systems and interventions if needed				
Suctioning techniques				
Extubation technique				
CIRCULATION:				
Obtain a baseline heart rate, blood pressure and oxygen saturation				
Assessment for patency of central and peripheral intravenous (IV) lines				
Connect patient to EKG monitor				
Obtain baseline EKG strip				
Cardiac rhythm interpretation				
INITIATION/OPERATION/CALIBRATION OF PRESSURE MONITORING EQUIPMENT (CVP/ARTERIAL/PA)				
Properly calibrate transducer				
Identify proper waveform				
Identify normal ranges				
NEUROLOGICAL				
Assess the patient's baseline LOC/orientation				
Assess pupil size and response				
Assess the patient's motor and sensory function				
ANESTHESIA AGENTS AND ADJUNCTS- MUSCLE RELAXANTS				
State nursing implication for postanesthesia care				
Assess patient for adequate reversal				
Remove epidural catheter per unit policy				
Identify characteristics of the following including uses, onset, duration and dosage:				
Diazepam (Valium)				
Midazolam (Versed)				
Identify nursing implications for perianesthesia care				
Identify characteristics of benzodiazepine antagonist				
Identify uses for opioids/narcotics				
Describe characteristics of:				
Morphine				
Fentanyl (Sublimaze)				
Identify nursing implications for patients receiving narcotics				
Describe narcotic antagonists				

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PROCEDURAL SEDATION				
Define procedural sedation (PS) and recognize the indication for the use of PS				
Identify the patient population acceptable for nurse-monitored PS				
Verify intravenous access patency				
RENAL				
Assess/evaluate urine output for amount, color, clarity, sediment and odor				
Insert catheter under sterile conditions				
Identify need to manually irrigate urinary catheter				
Identify reason for catheter traction				
Monitor recession of spinal block according to dermatome levels				
Assess for bladder distention in the patient without an indwelling bladder catheter				
PATIENT COMFORT/PAIN MANAGEMENT				
Pain intensity using pain scale				
List potential side effects of intravenous opioid administration				
Proper PCA pump setup and use				
Report excessive /prolonged nausea and vomiting				
THERMOREGULATION/ MALIGNANT HYPERTHERMIA				
Identify predisposing factors for MH				
Identify common triggering agents of MH				
Identify the physiology and pathphysiologic effects of hypothermia including the detrimental effect of shivering				
Appropriate interventions for patients who are shivering				
Identify adverse effects of rapid rewarming				
AGE SPECIFIC – PEDIATRIC, ADOLESCENT, ADULT AND GERIATRIC				
Determine fluid volume levels, intake and blood/fluid loss				
Anatomy and physiology				
Identify sensory norms for specific age patient				
EDUCATION-PATIENT/ACCOMPANYING ADULT				
Verify patient is ready for discharge according to institutional/unit specific policy/protocol				
Direct discharge instruction to patient				
Discuss role of patient/family/responsible adult with postoperative procedure care				

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EQUIPMENT:				
Hewlett Packard Cardiac Monitor				
Dinamap Criticon Blood Pressure Monitor				
Nelcor Pulse Oximeter				
Physiocontrol LifePak 9 Defibrillator				
IVAC Tympanic Thermometer				
Oxygen and Vacuum Regulators				
Bair Hugger Warming Device				
C.P.M. Machine				
Sequential Compression Device				
Blood/Fluid Warmer				
Accucheck Blood Glucose Machine				
Icy Hot Machine				
Ventilator Machines				
IMED Infusion Pump				
Hill-Rom Electric Beds				
Stryker Hydraulic Stretcher				
Abbott Pain Manager (APMII) Epidural Infusion Respirometer				
POST ANESTHESIA CARE OF: (PROCEDURES)				
Orthopedics including Total Hip/Knee Replacement				
Spinal				
GYN				
Vascular, including Abdominal Aortic Aneurysm				
Ophthalmology				
Pediatrics				
General				
Plastics				
ENT				
Urology				
Podiatry				
Dental				

Employee Signature

Date

Validator's Signature